





Rise & Shine®

September 2025 Breakfast



<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1. No School LABOR DAY 	2. Biscuit & Gravy Cereal Choice Apple Fruit Juice Milk	3. Cheese Omelet Tri-tator Cereal Choice Blueberries Fruit Juice Milk	4. Donut *New Cereal Choice Peaches Fruit Juice Milk	5. Yogurt Granola Cereal Choice Banana Fruit Juice Milk
8. Chocolate Croissant Cereal Choice Pears Fruit Juice Milk	9. Cereal Choice Cheese Stix Mandarin Oranges Fruit Juice Milk	10. Ham Breakfast Bar Cereal Choice Fresh Fruit Fruit Juice Milk	11. Yogurt Bug Bite Grahams Cereal Choice Apricots Fruit Juice Milk	12. Maple Waffle *New Sausage Patty Cereal Choice Applesauce Fruit Juice Milk
15. Banana Bread Cereal Choice Pineapple Fruit Juice Milk	16. Egg Round Sausage Patty Cereal Choice Mixed Fruit Fruit Juice Milk	17. Cereal Choice Toast Fresh Fruit Fruit Juice Milk	18. Pancake on Stick Cereal Choice Peaches Fruit Juice Milk	19. Cherry Frudel Cereal Choice Tropical Fruit Fruit Juice Milk
22. Breakfast Calzone *New Cereal Choice Pears Fruit Juice Milk	23. Yogurt Granola Cereal Choice Blueberries Fruit Juice Milk	24. Confetti Pancake Sausage Links Cereal Choice Fresh Fruit Fruit Juice Milk	25. Waffle Snaps *New Cereal Choice Peaches Fruit Juice Milk	26. PB&J UnCrustable Cereal Choice Rosy Applesauce Fruit Juice Milk
29. Cereal Choice Cheese Stick Pineapple Fruit Juice Milk	30. Oatmeal Breakfast Round Cereal Choice Strawberries Fruit Juice Milk		"You'll never be bored when you try something new. There's really no limit to what you can do." — Dr. Seuss	

All Menu Items are subject to change. Meals served w/1% White Milk or Skim Chocolate Milk
ALL STUDENTS will be served 1 cup fruit or vegetable or 1/2c 100% fruit juice AND 1/2c fruit or vegetable
80% of Breads made or served in the USD 270 Kitchen are Whole Grain
This institution is an equal opportunity provider